

# Whiteside County Health Department

Anxiety, Fears and Depression are the most common mental health problems experienced by older adults. They are not normal signs of aging.

Whiteside County Clinical Therapists can help.  
To make an appointment, call (815) 626-2230.  
Medicaid, Medicare and private insurance accepted.  
Sliding fee scale available.

Whiteside County Health Department  
1300 W. Second St., Rock Falls, IL 61071  
[www.whitesidehealth.org](http://www.whitesidehealth.org)